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Celebrity pg 18

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Assault call leads to attempted murder charge

CRIME A city man faces an attempted murder charge in connection with an aggravated assault at a Vanier apartment early Monday morning.

At 2:26 a.m. Monday, Ottawa police attended an incident in the 200 block of Donald Street, where they found a 40-year-old woman with serious injuries in an apartment lobby.

They arrested a 45-year-old man, who appeared to be in medical distress, shortly after. He was later charged with attempted murder, aggravated assault, robbery and assaulting police.

Luc Pilon appeared in court for a show cause hearing yesterday.

The investigation continues. Anyone with information is asked to call the Ottawa Police Robbery Section at 613-236-1222, ext. 5116, or Crime Stoppers at 613-233-8477(TIPS).

TRACEY TONG/METRO OTTAWA

U of O students Voices against genocide in Sudan

TIM WIECLAWSKI/METRO OTTAWA

University of Ottawa students David Goluboff, left, Jocelyn Kearney, centre, and Julie Seguin attend a rally to end genocide in Sudan at the Morisset Terrace at the university's campus yesterday. Story, pg 3

With guns blazing

Enthusiasts pushing for Tories to abolish long-gun registry

Angry Canadian gun owners hope to pressure the federal government into renewing support for a private member's bill to abolish the long-gun registry by withholding donations to the Conservative party.

"I just returned the latest (Conservative Party of Canada) CPC donation envelope, without any $$$, and with the following written across the form in black Sharpie," said a message to CanadianGunNutz.com from someone using the moniker Plinker, who sent back a donation form with the message: "No donation until Bill C-301 is passed. Scrap gun registry."

Another, calling himself Soulchaser, said he sent an unsigned cheque for $1,000 and a note: "Support C-301 and this will be yours."

While the effectiveness of the boycott remains to be seen, such a revolt by bedrock Conservative supporters is bound to cause some waves in the once populist party, observers say.

Saskatchewan Conservative MP Garry Breitkreuz's private member's bill would scrap the much-maligned long-gun registry but the Tories have backed away from it since supporting it initially.

Tony Bernardo, a spokesperson for the Canadian Shooting Sports Association, said gun enthusiasts are "mystified" that the Conservative government would back off on its long-promised commitment to scrap the long-gun registry. TORSTAR NEWS SERVICE

Police have their say

- The Canadian Association of Chiefs of Police warned that scrapping the long-gun registry would allow the transport of fully automatic and semi-automatic assault weapons to civilian shooting ranges, and would relax current restrictions on handguns, semi-automatic assault and tactical weapons.

Stadium questions remain despite city report

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

LANSDOWNE The city staff evaluation of two competing stadium proposals seem to have done little to clarify things, but city councillors all seem to agree that Lansdowne Park is in shambles and a decision must be made about it.

Shad Qadri, the councillor for Stittsville-Kanata West where a 20,000-seat soccer stadium proposed by Senators Sports and Entertainment would be located, said more details on the cost related to Frank Clair Stadium and the Ottawa Civic Centre are needed, but he does not believe it was the best location for a stadium.

Qadri said he'd like to see if they could improve the SSE proposal.

"Basically the reason it got knocked off the shelf, in a sense, is because of the business plan," he said.

River Ward Coun. Maria McRae said the city should move a new stadium to the top of the priority list.

"This is an opportunity for us to bring the private sector in, in a way that we haven't seen in two decades," she said.

"They've got tenants coming for these stadiums right away."

MLS

- Major League Soccer is looking to add two more teams to begin play as early as the 2012 season.

Style pg 10

Try a spring hat trick

Canada pg 5

Video clips ignite debate

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APRIL 8 – 30, 2009 SEPT. 25, 2009 – OCT. 31, 2009	APRIL 8, 2009 – JUNE 18, 2009 SEPT. 7, 2009 – DEC. 10, 2009	APRIL 8, 2009 – JUNE 1, 2009 SEPT. 3, 2009 – OCT. 21, 2009	APRIL 8, 2009 – AUG. 31, 2009	APRIL 8, 2009 – MAY. 31, 2009 OCT. 8, 2009 – DEC. 6, 2009	JUNE 1, 2009 – AUG. 31, 2009	JUNE 1, 2009 – AUG. 31, 2009	APRIL 8, 2009 – JUNE 8, 2009 JULY 24, 2009 – SEPT. 21, 2009
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Carleton profs make final cut for education awards
Six Carleton professors have been named as finalists for the 2009 Capital Educators' Awards. Jeff Dawson, Michelle DeVidi, Susan Downie, Isaac Otchere, Avi Parush and David Wood have been recognized for their innovative teaching strategies, positive learning environments and influential careers. METRO OTTAWA

Local

Gladwell coming to capital

Malcolm Gladwell, renowned author of the Tipping Point, Blink and Outliers, will join Ottawa broadcaster Mark Sutcliffe in a conversation at Southam Hall at the National Arts Centre on June 11. Organized by the United Way/Centraide Ottawa, Gladwell's rare public engagement will explore how people and social phenomena work. There will be a very limited number of individual tickets available on a first-come, first-serve basis at a price of $75 per ticket. METRO OTTAWA

Cancer drive seeks canvassers

TRACEY TONG
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She lost both her parents, her brother and her sister to cancer.

Eileen Haas is the only one in her family who hasn't had the disease. And four years ago, she decided to do something to help.

She became a canvasser for the Canadian Cancer Society, inviting neighbours into her west-end condo to donate. "People are always very generous," she said.

Whether they allow donors to come to them or seek donations by knocking on doors, volunteers are crucial to the Canadian Cancer Society's door-to-door campaign this month, which is Cancer Awareness Month, said the Ottawa unit's fundraising co-ordinator Christina Danielewski.

Haas is one of more than 2,600 area residents who have taken up 3,000 canvassing routes for the cause.

While that sounds like a lot of ground covered, consider that the Ottawa area has 7,000 routes.

"We're looking for canvassers continuously," said Danielewski, who is herself a volunteer. "It's not too late to sign up."

The residential canvass pulled in $525,000 in Ottawa last year, and Danielewski is hopeful people will support the cause, even in the face of recession.

It's because of fundraisers like the canvass campaign that the cancer society is able to raise money for the research that saves lives, and the peer support, transportation and advocacy programs that improve quality of life and raise awareness of symptoms, said Danielewski.

"And the money raised in Ottawa stays in Ottawa," she said. "People are making a difference in their own community."

Survival

- "Two in five Canadians will be affected by cancer at least once in their lifetimes," said fundraising co-ordinator Christina Danielewski. But, she said, 62 per cent of those people will survive thanks to research and medical advances.

TRACEY TONG/METRO OTTAWA

Christina Danielewski, fundraising co-ordinator for the Ottawa unit of the Canadian Cancer Society, said volunteers are still needed for the annual canvassing campaign now underway.

Canada should act in Darfur, say students

Braving unseasonably cold weather yesterday, a hardy group of university students called on the government to take an active role in ending the genocide in Darfur.

"They just kicked the non-governmental organizations out, which made the situation worse," said Tragi Mustafa, founder of Save Women – Darfur, who left Sudan in 2001. "The number of dead is increasing. It's surprising that the international community will watch in silence."

"How long can we say 'never again', and still let people commit genocide?" Tragi Mustafa

On March 4, the International Criminal Court issued an arrest warrant for Sudanese President Omar Hassan al-Bashir for war crimes and crimes against humanity. He responded by expelling more than 13 foreign aid groups providing food and medicine for the 2.5 million internal refugees from Darfur.

Jackie Bonisteel, advocacy director with Stand Canada, visited two refugee camps in Sudan last January.

"It became very obvious to me that access to humanitarian aid was vital and without anything coming in people were going to die," she said. "It was a really desperate situation."

Bonisteel said they were looking to get students out to let people know they are concerned about the situation in Darfur and they want the government to do something.

Mustafa said she was proud that the ICC made the move, but she said people have to pressure the government of Canada to have the international community enforce the warrant.

"The international community has to come together and act as one body," she said. "How long can we say 'never again,' and still let people commit genocide?"

TIM WIECLAWSKI/METRO OTTAWA

metronews.ca

What's online today.

Video Canada's first female warship commander says her gender matters little to her crew at **metro news.ca/canada**

Video Economic woes take bite out of athletes' training in lead up to Vancouver Games at **metro news.ca/canada**

Lotteries

Ontario Pick 3: 9 8 4; **Ontario Pick 4:** 8 7 1 8
Encore: 5168367
Daily Keno: 1, 6, 7, 8, 9, 11, 16, 19, 21, 22, 34, 39, 43, 46, 54, 55, 57, 62, 65, 70.
These results are not official.

Westfest to be 'bigger and even better'

JESSICA PERREAULT
for Metro Ottawa

Westboro Village's annual festival is back for its sixth year and will kick things off at a launch party tomorrow in anticipation for the main event June 12 to 14.

Westfest — a celebration of music, art and life held across 14 city blocks — is expected to attract an estimated 80,000 people who will enjoy entertainment including music, art and spoken word.

"I'm pleased to invite everyone from the National Capital and Gatineau region to Westfest 2009," said Elaina Martin, founder and producer of Westfest.

"Six years strong, and yes, if you can imagine, bigger and even better," she said.

Festivalgoers can expect performances by a variety of entertainers. The weekend begins with National Night on June 12 featuring acts from across the country.

Saturday features a series of local writers performing spoken word pieces as well as readings, and a country themed musical lineup, headlined by Canada's own Prairie Oyster.

Finally, on Sunday, June 14, visitors can expect everything from folk to ska musical performances, with a finale performance by The Acorn.

Throughout the weekend, the festival also offers sectioned areas for the kids, extended restaurant patios along Richmond Road, free bicycle parking, and dance, visual art, theatre, and street performers — all 100 per cent Canadian.

Party time

- The launch is held at 10:30 a.m. tomorrow at Milagro Grill in Westboro Village.

Rally **Sri Lankan war**

JESSICA PERREAULT/FOR METRO OTTAWA

Hundreds of demonstrators protesting the war in Sri Lanka chanted in the middle of downtown streets yesterday, forcing police to shut roads and reroute buses. Traffic disruptions continued throughout the evening.

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Cops and mounties seeking job applicants
The Ottawa Police Service and the RCMP are recruiting. Interested applicants can attend an information session at Ben Franklin Place at 6 p.m. today. METRO OTTAWA

Winter roars back

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Many city residents already had their snow tires removed and shovels packed away in anticipation of spring, but Mother Nature has hit the capital with one more blast of winter.

The snow the city received over the last two days isn't out of the ordinary, said Environment Canada Warning Preparedness Meteorologist Peter Kimbell yesterday.

"Normally in the month of April, Ottawa gets about 11 centimetres of snow," said Kimbell.

The last big April snowfall was in 2002, when the city got almost 16 centimetres of snow in one day, he said.

Over the last two days, Ottawa has received between four and six centimetres, he said.

And we didn't get the worst of it, he said.

A low-pressure system over Quebec resulted in snow for many areas of the province yesterday and Monday, with southwestern Ontario taking the brunt of the storm with more than 20 centimetres in some parts.

While most of Ottawa's snow won't accumulate, the snow wreaked havoc with roads yesterday morning.

City paramedics responded to 18 calls for motor vehicle collisions with minor injuries within a four-hour span.

While there's a possibility more snow may fall today, and temperatures will be chilly for the next several days, Kimbell said sunny skies with a high of nine degrees is forecasted for Easter weekend.

The bottom line?

"We're not expecting another snowstorm in the near future," Kimbell said. "We're at Easter next week, so it's a pretty good bet that we're finished with the snow accumulation."

City calls on volunteers for spring cleaning

PROGRAM It's time for spring cleaning again, and the City of Ottawa is no exception.

For the 16th year in a row, the city will be hosting the annual Cleaning the Capital campaign.

"The program involves litter pickup and graffiti removal," said Leslie Vanclief, program manager for the campaign.

Volunteers can register at the City of Ottawa's website to receive free cleaning supplies such as rubber gloves, garbage bags, and graffiti removal supplies.

"In 2008, we had 68,000 volunteers for both the fall and spring campaigns," said Vanclief.

Last year, the campaign removed 116,000 bags of garbage from more than 12,000 different projects across the city.

ANDREW SZTEIN/FOR METRO OTTAWA

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CEO wants scrappage program
Ottawa's support for auto parts companies is a good step towards helping the auto sector in Canada, but a robust scrappage program would give the struggling industry an even bigger boost, the chief executive of Ford Motor Co.'s Canadian unit said yesterday. REUTERS

Canada/World

Montreal **Circus in town**

CHRISTINNE MUSCHI/REUTERS

Canada's Cirque du Soleil perform a preview of its new show OVO (meaning egg in Portugese) — a teeming world of insects, in Montreal yesterday. OVO will have its world premiere in Montreal May 8, and will travel to Quebec City and Toronto before touring the United States.

Obama breaks from Bush in overseas trip

President Barack Obama's eight-day overseas trip yielded success on a top goal: Signalling to the world a new U.S. approach that breaks with the "go it alone" style of President George W. Bush.

But Obama had more limited gains during his trip to Europe and the Middle East on issues like prodding allies to stimulate the global economy and help in Afghanistan.

Obama headed back to Washington yesterday after an unscheduled stop in Baghdad, where he pushed Iraq's feuding factions to compromise and urged Iraqis to take responsibility for their country so U.S. troops could leave.

In cities from London to Prague to Istanbul, Obama got a rapturous welcome to his promise to listen and consult more, as he took his first turn on the world stage as president.

It made a high contrast with Bush, who was criticized for ignoring the advice of allies in his 2003 decision to invade Iraq and for failing to join the Kyoto climate treaty.

But at the G20 economic summit in London, European countries balked at his suggestion they spend more to try to fight the global recession, as well as shoulder more of the burden in Afghanistan. REUTERS

'No claim' on Iraq

- Obama told reporters he was sticking to the plan to withdraw all U.S. troops by 2011, and said he had assured Iraqi Prime Minister Nuri al-Maliki that the United States had "no claim on Iraqi territory and resources."

'Jihadi' video clips ignite hot debate

Lawyer argues freedom of expression in court

Saïd Namouh's computer held all sorts of videos, of American soldiers being blown up, the executions of "infidels," a how-to guide on suicide attacks.

But are these "jihadi" videos, and hundreds of online conversations drawn from the basement computer of this curly-haired Moroccan native with a fondness for Adidas soccer jerseys, the underpinnings of terrorism — or were they the goings-on of a man practising his right to free expression?

It's a central question to a terrorism case unfolding in a Montreal courtroom that is challenging the constitutionality of Canada's terror laws.

"This whole business of promoting and advocating jihad is the heart of the case," said Namouh's lawyer, René Duval, outside the court yesterday. "They believe my client has advocated criminal acts through jihad by putting things on the Internet."

Duval contends the terror laws, pushed through parliament after the Sept. 11 attacks, contravene the constitutional rights to freedom of expression and religion. "They have the potential to catch both speech that is acceptable and that which is not," Duval said.

Namouh faces charges of conspiracy as well as participating in, facilitating the activities of and extortion on behalf of a terrorist group. The Crown says Namouh, 36, was a key member of the Global Islamic Media Front, considered a major propaganda arm of such terrorist groups as al-Qaida. It's alleged Namouh edited and disseminated many videos himself. TORSTAR NEWS SERVICE

Aftershocks stall rescue operation in Italy quake

L'AQUILA Strong aftershocks shook central Italy yesterday and hampered rescue efforts after the country's worst earthquake in decades killed at least 235 people and left thousands homeless.

The strongest aftershock since Monday's quake scattered rescue workers and toppled buildings as night fell on the mountain city of L'Aquila, which bore the brunt of the disaster.

L'Aquila's mayor said one person died in the neighbourhood of Roio, but firefighters could not confirm this. The 5.6 magnitude aftershock was felt in Rome, 100 kilometres to the west.

At least 235 bodies were being stored in a makeshift mortuary at a school for Italy's Finance Police outside L'Aquila, local media reported. Some 1,500 people were injured, and fewer than 50 were missing. REUTERS

Man pleads not guilty to stealing Chen sex photos

HONG KONG The computer technician accused of stealing 1,300 photos of actor Edison Chen engaged in sex acts with several starlets, has pleaded not guilty in a Hong Kong court. Sze Ho-chun, 24, allegedly copied the images from Chen's laptop when it was taken in for repairs.

Canada-born Chen, a hip hop artist and film star, has sought to weather the scandal by staying in Canada. REUTERS

News in brief

TELEVISION Canada's federal cabinet is considering a $150 million fund to help private television broadcasters, media reported yesterday. The fund would benefit big private broadcasters like CTV and Canwest Global, though it is unclear whether the publicly funded Canadian Broadcasting Corp. would be eligible.

CRIME The pilot of a single-engine plane that was stolen from a college in Thunder Bay, Ont. and piloted across four states has been charged with transportation of stolen property and illegal entry, CBC News Online reports.

METRO NEWS SERVICES

Alberta in the red

VICTORIA HANDYSIDES
Metro Canada

POLITICS The Stelmach government released its provincial budget yesterday, which includes a $4.7-billion deficit, the first in 16 years, and the largest in Alberta's history.

Despite the grim reality facing officials, Finance Minister Iris Evans delivered the news with optimism yesterday.

"In terms of the global recession, we're riding uncertainty on a tidal wave, and we're in the best boat possible," she said.

Rather than borrowing from banks and accruing interest, over $2 billion will be drawn from the "rainy day" Sustainability Fund to ease the burden.

"I don't think anyone celebrates having to spend dollars they'd saved for a rainy day, but, we're fortunate to be able to do that in a situation with lower energy revenues and lower anticipated tax revenues," Evans said. "If we had just cut the budget, Alberta would be in huge turmoil."

News in brief

BINGHAMTON The gunman who killed 13 people and himself in a New York state immigrant centre sent a letter to a TV station before his shooting spree that ended with the words "And you have a nice day." Jiverly Wong, 41, made reference to instances where he had been harassed by police, but failed to fully explain his reasons for the shooting, which took place in the centre where he had taken English lessons.

PERU Former president Alberto Fujimori was convicted of human rights crimes yesterday. A three-judge panel convicted him for ordering a military death squad to carry out two massacres that killed 25 people during his 1990-2000 rule, when he was battling guerrillas. Nearly 70,000 people died in two decades of conflict. Fujimori, 70, could spend the rest of his life in prison. REUTERS

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Comment & Views

Comment

Get your head out of sand

Climate change is not a left-wing conspiracy

TheWestView

What, I must ask, is the irresistible allure of ignorance?

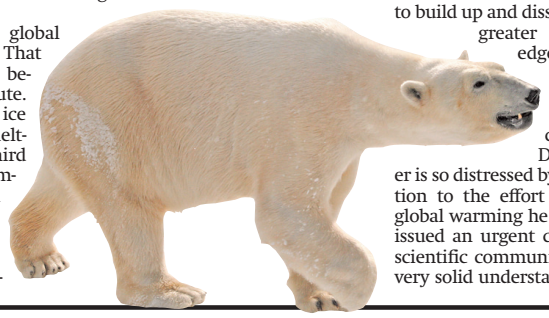
I understand inadvertent ignorance; I admit to being one of its victims. But willful ignorance is another matter. We're in the middle of an ignorance revival, and I just don't understand what the enthusiasts get out of it.

Take global warming. That it's real is beyond dispute. The polar ice caps are melting! One-third of the summer ice in the Arctic Ocean has melted, and some scientists think the Arctic summer will be ice-free by 2013.

At the South Pole, an ice bridge holding the Wilkins shelf to the continent gave way over the weekend, which means the shelf, about the size of Jamaica, is in danger of sinking into the sea, one of 10 such shelves, some 10,000 years old, now shrinking.

Despite these and a million other signs, global warming deniers persist in seeing the whole problem as some kind of cooked-up left-wing conspiracy to deprive us of our right to drive a Hummer.

This attitude is most firmly entrenched in places like the Frontier Centre for Public Policy, based in Winnipeg, which bills itself as an "independent think tank." I'm glad they cleared that up: It's hard to tell if anyone is thinking by going to their website, where piece after piece dismisses the UN Intergovernmental Panel on Climate Change (IPCC), which won the Nobel Prize for its work on global warming, as some kind of fraud.



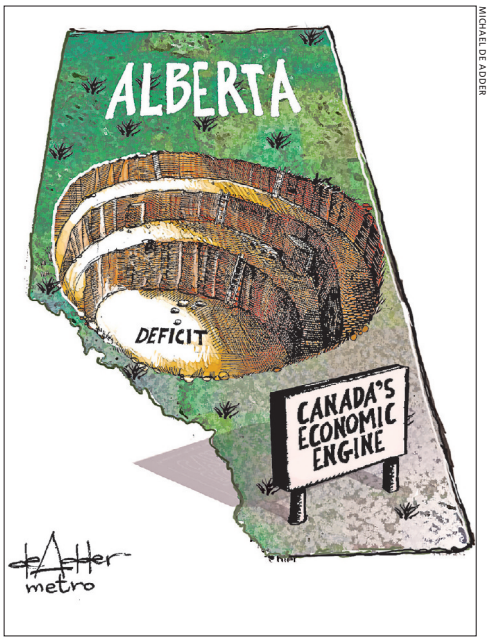
For example, it huffs the head of the panel is an economist, not a scientist. So OK, here's a scientist: Dr. Andrew Weaver, a climatologist and lead author of the landmark IPCC report that won the Nobel for "efforts to build up and disseminate greater knowledge about man-made climate change." Dr. Weaver is so distressed by opposition to the effort to fight global warming he recently issued an urgent cry: "The scientific community has a very solid understanding of what is causing global warming: It is overwhelmingly because of the combustion of fossil fuels."

Dr. Weaver is alarmed because ignorance is not confined to the right. From the left, "environmentalists" have taken to opposing every effort to switch to alternative, non-fossil fuel sources: Wind turbines allegedly endanger birds, hydro lines cause brain cancer, run-of-river hydro generation kills rivers. Even if it doesn't.

So, although the polar ice caps are melting, although real deal scientists such as Dr. Weaver try to warn us that time is running out to address global warming, we continue to try and argue it out of existence or complain the move to alternative energy has its own issues.

Good, there's that threat dealt with. I'll just stick my head back into the sand, and with any luck I'll be long gone by the time anyone has to reap the heat.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



MICHAEL DE ADDER

Word on the street: How will raising the minimum wage affect the Canadian economy?

Elaine Butt, age 18, Ottawa
A: The more money people have, the more things they'll be able to buy. But businesses will probably raise prices, too.

Chris Lindy, age 20, Ottawa
A: It will help. More people will buy more stuff because they'll have more money because they're getting paid more.

Erika Ovesnel, age 15, Cornwall
A: It would help, especially the disabled and those large families with four to six kids.

John Daley, age 21, Halifax
A: People are going to spend what they need to spend anyway. I don't think a few cents is going to make a big difference in the long run.

Tom Ross, age 26, Calgary
A: I don't think it will really make a difference because people are already making more than the minimum wage. I don't think it will help, it's not a very big raise.

Stephanie Tsokas, age 35, Vancouver
A: I don't think it will help. People getting paid minimum wage won't see the quality of their lives increase from another dollar.

Letters

Gunning it

Re: Gun control victim in Tories legislation (April 7).

In my opinion Ms. Cukier has attempted to cloud the issue of long-gun registration in Canada with statements such as "powerful semi-automatic rifles like the one used by Marc Lepine." This surely is meant to draw on peoples emotions. Most semi-automatic rifles are in fact less powerful than most hunting rifles.

Who does Ms. Cukier believe the "gun lobby" is? They are ordinary Canadians who believe criminals should be punished and that some of there privileges as citizens of Canada are in danger.

Firearms licensing has been in place in Canada since 1979 for long guns and yes, Canada did try long-gun registration during the Second World War. It was not effective and as with the current legislation unpopular.

The statistics Ms. Cukier states may have nothing to do with firearms legislation and more to do with social economic cycles of our country. As she notes, 32 people were killed in 2007. Canada was enjoying an economic high, whereas in 1991 we were in an economic downturn.

JOHN MORRISSEY, AIRDRIE, ALTA.

Gun argument in the bin

Re: Gun control victim in Tories legislation (April 7).

This article has led me to decide I will no longer be getting any sort of news from Metro as this article is clearly one-sided and a waste of paper.

I noticed how Wendy didn't mention the federal gun registry is illegal as the right to restrict personal property is not the right of the federal government, but the provincial government.

After reading this article I thought was being written by someone close to the gun control movement, she would have at least had most of her facts right.

I would like to thank you for your time and am pleased to inform you your paper is now in the recycling bin so it may be used again for a better purpose.

LEVI KEYS, CALGARY

Metro Online Poll Results

74% SAID YES	Do the risks of printing more money outweigh the benefits? *Weigh in on today's question at metronews.ca*	26% SAID NO

It's your turn to tell others what you think. Email your thoughts and opinions to: ottawaletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Casino shares fall on gaming data 7

Casino stocks fell yesterday alongside a broad market sell-off after fresh data showed February gaming revenues in Nevada fell 18 per cent from a year earlier as consumers cut back. REUTERS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Car warranties backed

Ottawa vows coverage even if GM, Chrysler fail

Canada will guarantee the warranties of cars sold by General Motors and Chrysler under a new program announced yesterday to help prop up the struggling carmakers, even as Ottawa said it must be ready for their possible bankruptcy.

Warranties on new vehicles would be guaranteed by a $185.3-million commitment program, regardless of whether Chrysler and GM go into bankruptcy protection.

The program will be funded with cash contributed by the automakers and a loan from the federal government to pay for repairs covered by the automakers' warranties on each new vehicle sold until "the period of uncertainty" ends.

"It will help consumers know that they have confidence when they buy a vehicle from GM and Chrysler."
Tony Clement, industry minister

"It will help consumers know that they have confidence when they buy a vehicle from GM and Chrysler during this uncertain period, that their warranty ... will be there for them," Industry Minister Tony Clement told a news conference.

Clement also said the government will increase by $700 million the amount of accounts receivables insurance that Export Development Canada can offer to auto-parts suppliers so they can get money owed.

REUTERS

Business in brief

LUMBER The United States will slap a 10 per cent duty on some imports of Canadian lumber after Ottawa failed to abide by a trade tribunal ruling, the U.S. said yesterday. It will remain in place until the United States has collected $68.26 million. REUTERS

Looking to improve your language skills? **Algonquin College's** Language Institute is offering a range of English as a Second Language (ESL) and French as a Second Language (FSL) part-time courses this spring.

GET READY TO START THIS SPRING!
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for ESL and FSL

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Location: Room B442, 1385 Woodroffe Avenue, Ottawa

* A placement test is required for all ESL and FSL levels except for FSL Beginner 1.

For **ESL** information contact Catherine Patterson-Kidd at *patterc@algonquincollege.com* or 613-727-4723 ext. 5741.

For **FSL** information contact Neeta Sharma at *sharman@algonquincollege.com* or 613-727-4723 ext. 5777.

Financial assistance may be available for ESL courses. International fees apply to international students.

ALGONQUIN COLLEGE

For course details, visit
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Honduras	15.9 ¢	Chile	2.9 ¢
Panama from	3.9 ¢	Colombia from	3.9 ¢
Uruguay	7.9 ¢	Dominican Rep.	6.9 ¢
Venezuela	2.9 ¢	Mexico. from	2.9 ¢

Middle East

Bahrain	5.9 ¢	Kuwait	6.9 ¢
Egypt	14.9 ¢	Oman	17.9 ¢
Iran. from	3.9 ¢	SaudiArabia from	3.9 ¢
Iraq. from	4.9 ¢	Syria	18.9 ¢
Israel	2.9 ¢	U.A.E.	19.9 ¢

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IT'S WORSE THAN YOU THINK.

As with smoking, diabetes contributes to the deaths of thousands of Canadians each year. That's because diabetes puts you at higher risk for heart disease and stroke. And research shows being of Asian, South Asian, Hispanic, Aboriginal or African Caribbean descent increases your chances of being diagnosed with type 2 diabetes.

Type 2 diabetes accounts for 90% of all diabetes cases – but it is preventable.
You can find out how at **ontario.ca/diabetes**

Ontario

Paid for by the Government of Ontario

Griffin declares intention to enter NBA draft

Oklahoma centre Blake Griffin announced his intention to forego his final two years of NCAA eligibility and enter the 2009 NBA draft yesterday. **METRO NEWS SERVICES**

Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

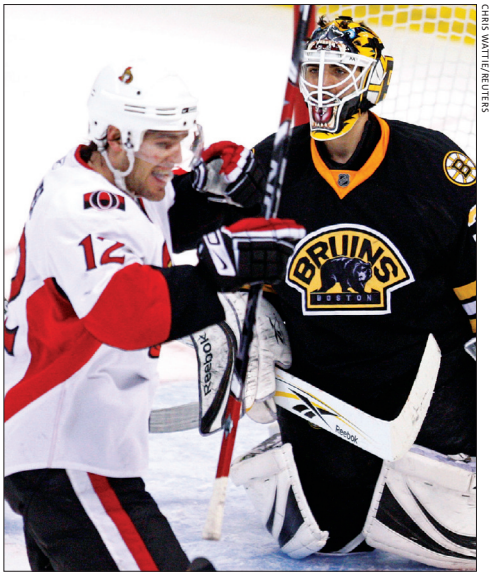
Sens beat Bruins

NHL RESULT

Bruins 2 Senators 3

VS

MIKE BEASLEY
for Metro Ottawa



CHRIS WATTIE/REUTERS

Ottawa Senator Mike Fisher celebrates a goal by teammate Dany Heatley against Boston Bruins goaltender Manny Fernandez last night in Ottawa. The Senators won 3-2.

THE SKINNY: The Senators continued their winning ways at home with a solid two-way effort as they defeated the Boston Bruins, who have already been crowned Eastern Conference champion.

THE NEW MILESTONE: The Senators established a new franchise record by registering their ninth consecutive home victory. The old record of eight straight home wins was set between Nov. 14 and Dec. 14, 2002.

THE FIRST WIN: Ottawa picked up its first win this season against the Bruins and first in eight attempts dating back to last season.

PUSHING 40: Dany Heatley continued his quest for another 40-goal season notching his 38th last night. He has two games remaining to achieve the lofty plateau for the fourth consecutive year.

THE SHORTIE: Mike Fisher potted a nice shorthanded goal midway through the opening period to give the Senators a 2-0 lead.

THE BIG Z WITH THE BIG SHOT: With Ottawa up 3-1, Zdeno Chara scored for the Bruins with a rocket of a shot from the blue-line with eight seconds remaining in the second period to narrow the Senators' lead to 3-2.

THE NEXT GAME: The Senators play their final home game of the season Thursday night against the New Jersey Devils.

Speed skaters decry cuts at training site

An S.O.S.S. was sent out yesterday — Save Our Speed Skaters.

In a distress call just 10 months out from next February's Winter Olympics, Speed Skating Canada said the performances of its athletes are being compromised by dramatic cutbacks at their training base in Calgary.

What it means for the speed skaters in the short term is they're losing two months of critical training time this summer on the fastest ice in the world at the Olympic Oval in Calgary. For the long term, it could be the disintegration of this highly successful program.

While a good portion of their training will be at the Richmond Olympic Oval, site of speed skating for 2010, the skaters rely on the Oval in Calgary as their main training base because it has all the infrastructure they need and perfect ice conditions. The Oval in Calgary has been hit hard by the economic crunch.

The legacy funds created to run the facilities have taken a $40-million hit. The Oval budget has been slashed from $3.6 million last year to $2.1 million next year.

The regular funding partners for the Oval are the University of Calgary and Winsport, which said it doesn't have the resources to keep running it at its previous level.

Speed Skating Canada is hoping to meet with Sports Minister Gary Lunn and Heritage Minister James Moore to ask for help.

TORSTAR NEWS SERVICE

SCOREBOARD

NHL

YESTERDAY'S RESULTS

OTTAWA 3 Boston 2
Toronto 4 New Jersey 1
N.Y. Rangers 3 Montreal 1
Carolina 9 N.Y. Islanders 0
Philadelphia 2 Florida 1
Pittsburgh 6 Tampa Bay 4
Washington 4 Atlanta 2
Chicago at Nashville
Dallas at Minnesota
Los Angeles at Edmonton
Calgary at Vancouver
St. Louis at Phoenix
Colorado at San Jose

NBA

YESTERDAY'S RESULTS

Atlanta 118 Toronto 110
Charlotte 101 Philadelphia 98
New Orleans 93 Miami 87 (OT)
Portland 96 Memphis 93
San Antonio 99 Oklahoma City 89
New York at Chicago
Orlando at Houston
L.A. Lakers at Sacramento
Minnesota at L.A. Clippers

MLB

YESTERDAY'S RESULTS

Toronto 5 Detroit 4
Chicago White Sox 4 Kansas City 2
Boston 5 Tampa Bay 3
San Francisco 10 Milwaukee 6
Atlanta 4 Philadelphia 0
Washington 8 Florida 3
Seattle at Minnesota
Oakland at L.A. Angels
Chicago Cubs at Houston
Pittsburgh at St. Louis
Colorado at Arizona
L.A. Dodgers at San Diego

And the IACP Award goes to ...

A16: Food & Wine by Nate Appleman and Shelley Lindgren with Kate Leahy won Book of the Year from the 2009 International Association of Culinary Professionals Awards — essentially winning the Oscar of the cookbook world. METRO NEWS SERVICES

Food

Organic chocolate maker Green & Black's is turning the Easter Bunny green by reducing packaging across its premium, organic Easter range by more than 60 per cent. METRO NEWS SERVICES

New egg

Green & Black's is introducing, for the first time ever, premium Butterscotch Mini Eggs into the Canadian Easter range.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Ham and lamb

Easter may be the greatest of all the holidays. As evidence let me offer a classic religious storyline, a gift-giving rabbit, painted eggs, a four day weekend and, wait for it, a fine excuse for some major eating and drinking.

Since I'm all about the liquids I love the fact that Easter is unique in that ham and lamb, and not turkey, are the menu headliners.

When it comes to ham this little piggy likes fruitier wines. Since the meat is salty, and possibly glazed, a juicy gamay- or pinot noir-based red is a perfect match as is a medium sweet white made from riesling.

An off-dry multi-blend white with good acidity is a nice alternative and the **2007 Caymus Conundrum ($26.95 - $29.99)** from California's Monterey County is a knockout that rides a flavour wave loaded with citrus and tropical fruit.

Lamb (no matter the cooking style) prefers reds, especially mature juice from France's Bordeaux and Italy's Chianti region. A Spaniard from the Rioja area like **Grupo Osborne's 2002 Montecillo Reserva ($19.99 - $25.26)** will also do the trick. Aged in oak barrels for at least eighteen months it's a rustic plum fest with touches of black cherry, cedar and spice.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Welcome the Easter Bun-ny

À la carte

Barb Holland

metronews.ca/alacarte

Hot Cross buns have a mixed history. Some say they were part of pagan spring festival and later given the cross by monks wanting to give Christian meaning to the tradition. Other accounts tell of an English widow whose son went off to sea and she vowed to bake him a bun every Good Friday. When he didn't return she continued to bake a hot cross bun for him each year and hung it in the bakery window in good faith that he would return. The English kept the tradition for her even after she passed away. Holiday traditions often have pagan, as well as Christian roots and many times the symbolism has been changed over time to adapt to those using it in their celebrations.

Hot Cross Buns

While it is now possible to buy Hot Cross Buns year-round, there is nothing quite like fragrant, soft and spicy homemade buns. Makes 12 buns.

INGREDIENTS:

- 1 egg
- 1 cup (250 ml) warm milk, approximately
- 1/4 cup (60 ml) granulated sugar
- 2 tbsp (30 ml) melted butter
- 3 cups (750 ml) all-purpose flour
- 1 tsp (5 ml) each: salt and cinnamon
- 1/4 tsp (1 ml) each nutmeg and cloves
- 1 - 1/2 tsp (7 ml) bread machine/instant yeast
- 1/2 cup (125 ml) currants
- 1/4 cup (60 ml) chopped mixed candied peel

Glaze:

- 1 tbsp (15 ml) each granulated sugar and water

Icing:

- 1/2 cup (125 ml) icing sugar
- 1/4 tsp (1 ml) vanilla
- 1 - 2 tsp (5 -10 ml) milk

BARB HOLLAND/FOR METRO CANADA

There's nothing like homemade Hot Cross Buns.

METHOD:

In a 2 cup (500 ml) measure, light beat egg. Add enough milk to make 1-1/4 cups (300 ml). Add sugar, butter and yeast, stir and pour in a large bowl or bowl of standing mixer. Let sit 5 minutes.

In another bowl, combine flour, salt, cinnamon, nutmeg, cloves, currants and peel. Add to milk mixture and mix at low speed until a dough forms. Using hook attachment (or by hand on lightly floured surface), knead 5 to 6 minutes, or until smooth and shiny, adding more flour if necessary. Place in oiled bowl, turning to coat.

Cover with plastic wrap; let rise in warm place until doubled, about 1-1/2 hours.

Push dough down, transfer to lightly floured surface. Cut dough into 12 even pieces (follow directions above from this point for shaping and baking).

Glaze:

In small saucepan (or microwavable glass measure), stir sugar with water. Heat over medium heat until sugar is dissolved. Brush over warm buns. Let buns cool on baking sheet.

Icing:

Combine icing sugar, vanilla, and just enough milk to make an icing consistency. Spoon or pipe a cross on buns.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Local Savour

Zak's Diner
14 ByWard Market Square
zaksdiner.com
613-241-2401
Wide selection of burgers and fries for $10.99
All-day breakfast starts at $7.99

Few diners in Ottawa can match the atmosphere and mystique of the '50s like Zak's in the ByWard market. The restaurant has been in business for 20 years and is open 24 hours a day, perfect for those long nights of bar hopping. There is a wide selection of great burgers, chicken wings, and fantastic milk shakes made to order.

Cures for childhood disease now come delicately wrapped in gold foil.

Next time you're at Shoppers Drug Mart, look for our Lindt Gold Bunny display. Lindt will donate $0.50 from the purchase of each 100g Lindt Gold Bunny to HealthyKids Canada – a fundraising initiative dedicated to paediatric research programs across the country.

Lindt GOLD BUNNY

SHOPPERS DRUG MART

HealthyKids CANADA

healthykidscanada.ca

Be an eco-bride

Recently married Canadians can do their act of green this April by buying or selling a gently used wedding dress. For more information, visit SmartBrideBoutique.ca, a free, local, online classifieds site in nine cities across the country. METRO NEWS SERVICES

Style

Holding the key to chic

Being a keyholder has never been so fashionable — now comes Tiffany & Co.'s new Key Collection, inspired by the company's own key archives. Suspended from fine, ball or oval-link chains, designs include medallion, heart, flower-topped and diamond-adorned keys. The sterling silver keys start at $130 and $65 for the chain; prices vary for the diamond and platinum versions. To find a store near you, call 1-800-TIF-0110 or visit tiffany.ca. METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Try a hat trick this spring

Punctuate your look with the season's hottest tête-toppers

BRIAN COULTON
for Metro Canada

Men, shelve your wax and gel. Ladies, ditch those barrettes and headbands.

There's a new tête-topper in town, and without one, your spring style may read like an unfinished statement.

All right, so the hat isn't exactly anything new. Edie Orenstein knows that well. She's the eponymous creator of Vancouver store Edie's Hats. Over the course of the boutique's 25-year history, she's noticed that, while many people often admire hats, they say they'd never wear one.

"Who made up this rule?" asks Orenstein, with a laugh. She says hats are about giving permission to express oneself, likening the body and its fashion accessories to a sentence's nuts and bolts.

"A hat on top of the head is like a punctuation mark on the end of a sentence. When people leave their heads naked, they're not finishing the end of what they're saying. It's a lack of confidence about what they're saying."

For women wondering how to punctuate their look, Orenstein suggests the classic school girl hat. "It's a round shape that you wear close around the head and has a little peak on it," she says, pointing out the profusion of different fabrics and trimmings the hat can consist of. "It's a cool little cap that pretty well everybody that wears hats has two or three of."

To tailor a more romantic look, circa 1920s, Orenstein recommends a cloche. Named for its shape, the hat is named after the French word for "bell."

"The cloche is probably one of the most popular shapes for women, bar none," Orenstein says. Cloches are made from an assortment of materials like cloth, felt, silk, leather, cotton or linen, offering a different feel depending on the fabric.

But the most popular icon in hats today, says Orenstein, is the fedora. "The fedora is this amazing creature that is everywhere, all over the world."

It's all over Aldo stores in Canada and the fashion franchise's public relations co-ordinator Michael Pilling encourages the style for men looking to contribute a hat to their closet.

"Fedoras are key!" says Pilling. "The fedora adds a stylish retro spin to any man's outfit." And considering the many shapes, colours and styles available, he says a fedora can fit anyone's personal style. "The fedora is a truly versatile hat — casual or chic. This season it's all in the way you wear it: on the back of your head, to the side, or right on top."

DELUX PHOTO

The classic school girl hat from Edie's Hats in Vancouver, $35.

"A hat on top of the head is like a punctuation mark on the end of a sentence."
Edie Orenstein, owner of Edie's Hats in Vancouver

Sun hat in the city

Straw hat, Aldo, $30.

• Aldo's Michael Pilling calls this vast-brimmed number "fabulous" and compares it to the one worn by Kim Cattrall's Samantha character in the Sex and the City movie.

BRIAN COULTON/ FOR METRO NEWS CANADA

One of the most iconic hats in fashion is the fedora. Plaid fedora, above, Aldo, $25; woven fedora, below, Winners, $12.99.

Edie cloche, edieshats.com, $119.

Style coast to coast trends

Chic: "My style icon is Katie Holmes," says Toronto's Ashley McClare, 24. "My favourite item that I own is my Jas M.B. purse (pictured) ... I (also) love skinny jeans."

Classic: "Today I'm just kind of classy. (My fashion sense) really depends on my mood," says Ottawa's Frederique Roy, 16. This student says she wears whatever suits her.

Urban: "I get clothes from all over and put them together," says Vancouver receptionist Gillian Harris, 24. She is wearing a coat from Brazil and a skirt from Urban Outfitters.

Feminine: "I love classic feminine dressing," says Halifax's Simin Soleymani. This stylish student is carrying a Coach purse and wearing Guess jeans.

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Metro Drive

VW debuts hybrid tech

Volkswagen has announced that it will offer hybrid powertrain technology in Canada, under its new BlueMotionTechnologies brand, which was unveiled at the recent Vancouver International Auto Show, Canadian Driver reports. METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Giving your car's exterior a good wash is one of the must-dos after winter's onslaught.

Spring cleaning for your wheels

MARK ATKINSON
for Metro Canada

Now that Canada is showing the first signs of warm weather after a long winter's nap, getting your vehicle prepared for spring consists of more than just putting your snowbrush and ice scraper away. If you want your pride and joy to last for years and minimize the amount of time spent in the shop, follow these essential car care tips that can be done by you or a professional, depending on your level of comfort.

Andrew Michael, owner of Michael Automotive Paint & Design in Barrie, Ont., has been fixing other people's paint problems for years, has restored all manner of vintage British automobiles, and also races an early-'80s Mazda RX-7 that's too wild for the snow, so it sits in storage all winter.

Michael's first suggestion to keep your vehicle in tip-top shape is to give its paint the spa treatment.

"Road tar, environmental pollutants, and all the dirt and grime acquired in the daily drive needs to be removed from your paint, and the surface polished to resist the accumulation of new grime, corrosion or rust," he said.

"While newer paint finishes tend to resist fading and will maintain their shine far better than those of the past, the springtime polish is still not to be overlooked. Most detail shops offer this service that generally consists of a multi-stage system of thoroughly cleaning, compounding and finally polishing and sealing the paint to its original condition."

Also, aluminum wheels should be cleaned in a similar manner to remove all that caked-on brake dust and road slurry.

If you've been using your ride daily throughout the harsh winter months, your best friend should be a pressure washer.

While giving your car's exterior a good wash and close inspection for damage is obvious, try to get as far underneath as you can, getting out at all the salt, sand and crud that's collected there in the last few months.

However, do not be tempted to do the same under your car's hood as getting water in places where it wasn't designed to be can be extremely expensive to repair.

When it comes to mechanical issues, the most obvious — besides the ubiquitous oil change — is to swap your winter tires to your all-season or summer-only rubber.

Beyond that, having inspections done on your cooling and electrical charging systems while at your local garage can prevent surprises.

"While it might have performed well throughout the winter, summertime heat can demand extreme duty from your cooling system," Michael warns.

"Six months of slushy, muddy, salty boots dripping all over your carpeting can make it look like the floor of a hen house with the farmer on vacation."
Auto expert
Andrew Michael

Finally, taking care of the interior will pay off for both your peace of mind and your nose!

"Six months of slushy, muddy, salty boots dripping all over your carpeting can make it look like the floor of a hen house with the farmer on vacation," Michael said. "Though manufacturers go to lengths to protect the floors from this corrosive cocktail, removing the dampness will aide in this and keep your vehicle smelling fresh. Steam cleaning can be done at most detail shops and will extend the look and life of your carpeting."

Extra care for performance cars and convertibles

- For those whose performance cars or convertibles get stowed away come the first signs of fall, there's additional maintenance and care that's needed to get them ready for sun-drenched drives.
- Regardless of the type of vehicle you're taking out of its winter hibernation, first do a visual check to see if anything has taken up a home in your car. Having mice, bugs or birds camping out in warm places in your car isn't uncommon. Clean out the spider webs as well.
- Next, change the oil as engines that haven't operated in months can get seized or damaged without proper attention. Drain and flush your radiator coolant and gasoline in the fuel tank, and replace everything with fresh fluids. Inspect the car's brake lines and calipers and/or drums, because modern brake fluid goes bad with dust, air and moisture.
- "Trim and rubber seals should also be cleaned with the appropriate cleaners and conditioners to ensure they maintain their integrity and or elasticity and to keep from drying out, thereby creating leaks and wind noise," Andrew Michael suggests.

Spring tire rituals can be divine

AutoPilot

Those pagans really knew a thing or two on how to throw a party come springtime. Summer solstice shows up, and they're out there sacrificing left, right and centre, staying up all night pondering the constellations, and hauling huge rocks around to make Stonehenge-like structures ... just generally having a ball.

In comparison, modern Western societies are a bit more muted in their spring rituals. The big ones in our neighbourhood are taking the Christmas lights down, and sweeping the porch.

But if you have a car, you're in luck, because car spring rituals have a bit more party mode about them. And nothing is more symbolic and uplifting than doing that divine swap — taking the winter tires off, and replacing them with the summer ones.

So here's a brief checklist to keep in mind, at that joyous, tire changeover time.

First off, hopefully you've got each set of tires (winter, summer) mounted on their own set of rims. The alternative — mounting and re-mounting tires onto one rim set — can damage the tire beads.

Ideally, your summer tires should be balanced before they go back on, and then the car should be checked for alignment. If you got expensive rims and tires, you need to do this to protect your investment and get all the performance you paid for.

But if you're on a budget, you might modify this a bit. If the tires ran fine when they came off, chances are they will run fine now. The tire installer can determine a lot just by visually inspecting the tires. If they're not wearing unevenly, maybe you don't need the alignment — at least until a road test proves otherwise.

Make sure your nuts are lubed with anti-seize. This makes rims so much easier to take on and off. A professional installer should do that automatically, but it doesn't hurt to ask.

Same thing for tire rotation. A pro will mark each tire in chalk, which corner of the car it was last mounted, so the next installer can rotate them appropriately. But this doesn't automatically happen all the time, so get it on the work order.

I'm pretty sure any installer will set the correct pressures of your summer tires. After that, it's up to you to visually inspect them, at least once a month.

It's so simple it hurts, but having the correct pressure in your tires is the best, cheapest, and most effective way of having a happy tire. And a happy tire is safer, more fuel-efficient and lasts longer than a grumpy tire.

The final issue with the winter-to-summer tire changeover is storage.

Swapping your winter tires for summer ones is a great spring ritual, says Michael Goetz.

Hopefully you got your winter tires back clean, and have a cool, dry place to store them. If you need to keep them in the living room, maybe throw a nice wrap over them that match the drapes.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

Confusing car care products explained

JUSTIN PRITCHARD
for Metro Canada

MAINTENANCE With the days of salt and snow almost over, it's time to get the shine back on your car again. You probably know that it's a bad idea to wash your car with dish soap — but putting the sparkle on your ride, inside and outside, may not always be as easy as it seems. Many questions pop up: What's a glaze? Should you treat your leather? Does dashboard protectant actually cause long-term damage?

Jim Dvorak, a car care specialist at Mothers, a leading car care products company, helps sort out the basics in this interview.

Q If a new car has a warranty on its finish, why bother to wax or take care of it at all?

A A factory warranty is there to protect you to ensure that the paint preparation and application process was sound, that quality paint was used, and that it was cured properly. New-car warranties don't protect you from fallout or oxidation over time, which will occur naturally if paint is not waxed or cared for properly. Car wax, whether synthetic or carnauba (a palm tree derivative), acts as a sacrificial layer between your paint and Mother Nature.

Q Waxes? Sealants? Glazes? Polishes? What's the difference? Do many people get confused shopping for paint care products?

A There are a lot of products out there named to catch the eye of the consumer more-so than to communicate their actual function.

"Wax" has become a segment of products designed ultimately to protect your paint. They traditionally have contained carnauba, though in recent years they might instead contain a synthetic wax or polymer. Some wax products also contain cleaners or polishes, while some are just pure wax.

A "sealant" is essentially a synthetic form of a pure carnauba wax, and can require extensive preparation and drying time, so they're generally sold in the "enthusiast" community to people who don't mind spending all weekend working on their cars.

A "glaze" adds depth and shine while helping to fill in minor defects that normally reflect in the sun and cause a spiderweb-like appearance to the finish. A glaze should always be followed by a pure wax.

Q Should I treat my leather seats? Doesn't the factory treat leather seats so owners don't have to?

A Some factory leathers do have a coating to protect the finish to an extent — though they should also be maintained. A thorough vacuuming of the surfaces, especially the seams, will help to remove grit, which may damage the finish. A routine cleaning and conditioning should still be done next. Some premium leathers benefit from dedicated conditioners with natural oils, while others can get by with a combination cleaner and conditioner.

Putting the sparkle on your ride may not be as easy as it seems.

Q Is it true that some vinyl / plastic protectants can actually damage materials over time? If so, what's important to look out for?

A There are many myths about vinyl protectants — and some of them find their origins many years ago when some products were made of ingredients that did cause problems. The rumours were continued by people who used products as a last-ditch effort to revive their sun-beaten dashboard, only to find it became cracked — not realizing the pressure of applying the product simply accelerated the aging process. In other words, they used the product too late. Quality brands today use modern ingredients, which are safe, so these myths from years ago are no longer valid.

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OLG

Big, small SUV

Roomy Rav4 not short of useful features

DUSTIN A. WOODS
for Metro Canada

While advertisers would like you to believe that bigger is always better regardless of whether the topic is department stores, dish detergent or diners, some people aren't into thinking big just for the sake of it.

Aside from the fuel mileage and social stigma, there are actually many benefits that come with owning an SUV that don't involve intimidating pedestrians.

Having additional space to carry the tiny sprigs of your family tree with the peace of mind that come from an elevated driving position and four-wheel-drive are but a few reasons drivers abandoned the minivan and station wagon years ago.

Smaller SUV's have become commonplace for most manufacturers, which blend the aforementioned advantages within a package that is more likely to fit your finances, not to mention your garage.

Launched as a 1996 model, the original Rav4 was the first SUV to be built on the chassis of a car. The Corolla-based mini SUV was offered in both two and four door versions. While it was debatable which model was the more hideous of the two, the Rav4 has always enjoyed a decent-sized audience, primarily with women as a matter of fact.

It seems that blending small, fuel-efficient engines and off-road capabilities have become a winning formula for Toyota.

Thankfully, the mini off-roader was completely revamped in 2000 without the aquarium-sized windows and with less plastic Lego body cladding.

The third generation model was redesigned in 2006 and has received a facelift for 2009. Changes include a re-styled grille and bumpers, active headrests for the front seats and a more powerful 2.5L four-cylinder engine that boasts 179 hp and 172 ft-lbs of torque.

A 3.5-litre V6 mated to a five-speed automatic transmission is available on all trim levels, producing a respectable 269 hp and 246 ft-lbs of torque while getting the four-cylinder-like fuel economy numbers.

The Rav4 is offered in three variations: Base, Sport and Limited, which are available in both four- and six-cylinder engine configurations with a four-speed automatic transmission as standard equipment.

The third generation Rav may still be considered a mini SUV, but it offers a roomy interior big enough for five adults, 73 cubic feet of cargo space and an available third row for the little tykes in Base and Limited form.

The Rav4 is easy to drive, even when navigating cramped parking garages or city gridlock, which is unheard of when it comes to most SUVs.

While the V6 version hits zero-60 mph in just over seven seconds, the four-cylinder version left something to be desired in the performance department with only marginally better fuel efficiency than its V6 counterpart.

Handling is precise and predictable.

Standard features for the base RAV4 include 16-inch steel wheels, keyless entry, cruise control, a tilt/telescoping steering wheel and a six-speaker stereo with a CD/MP3 player and auxiliary audio jack. The Sport version adds rear tinted windows, 18-inch alloy wheels, a sport-tuned suspension, foglights and heated side mirrors.

2009 Toyota Rav4

Type: SUV
Price: from $30,235
Engine: 2.5L V4 and 3.5L V6
HP: 179 (V4); 269 (V6)
Torque: 172 ft-lb (V4); 246 ft-lb (V6)

Highlights

- Compact yet spacious
- Fuel efficient

The 2009 Rav4 is easy to drive, even when navigating city gridlock, which is unheard of when it comes to most SUVs.

Acura TL: Bold and distinctive

PETER BLEAKNEY
for Metro Canada

It's tough going out there in the near-luxury sports sedan arena, and the game has moved on, with every major player offering all-wheel-drive and some crossing the 300 hp threshold. Who wants to be left out of that club?

Acura has addressed both these issues in the all-new 2009 TL.

There are two models to choose from: The front-wheel-drive TL ($39,990) powered by a 280 hp 3.5L V6 and the $44,490 TL SH-AWD (Super Handling All Wheel Drive) with a 305 hp 3.7L V6.

Both models get a five-speed manumatic with paddle shifters.

Mechanically, Acura may be playing catch-up here, but stylistically, this 2009 TL isn't pandering to anybody. Distinctive, bold, sneering — these are words that spring to mind when first viewing the TL's angular, metallic snout. The creases and cut lines around the trunk and taillights are equally ginsu-knife lethal, and the well-defined blisters above the front wheel arches add muscle to the front haunches.

Acura is eschewing the Germanic one-knob-for-all-functions philosophy here, peppering the dash, steering wheel and console with more buttons than a cardigan factory.

As it is with most model makeovers, the 2009 TL casts a larger shadow than is predecessor — wider by 30 mm, taller by 10 mm, and the wheelbase is stretched by 34 mm.

Rear seat leg and hip room increases, and the TL boasts a 371-litre trunk (354-litre for the SH-AWD).

The TL's extra girth puts it between the BMW 3 and 5 Series, the Mercedes C and E-Class, et al. Acura is looking to attract buyers from both those segments.

It's a fresh interior too, with organic flowing lines that radiate from the driver like waves in a pond. Acura is eschewing the Germanic one-knob-for-all-functions philosophy here, peppering the dash, steering wheel and console with more buttons than a cardigan factory.

Once you figure out where everything is, however, it beats trying to keep one eye on a screen while scrolling through menus.

Those familiar with Acura will know technology is a big part of this maker's identity, and gizmo-geeks won't be disappointed here. Standard fare is Bluetooth connectivity, multi-information display, XM satellite radio and a 276-watt eight-speaker audio system with six CD, Dolby ProLogic II, and auxiliary and USB inputs.

The solar sensing dual-zone climate control will automatically send warmer air to your feet, and a cooler breeze to your torso if it suspects Master is getting uncomfortable. Automatic humidity and fog control takes care of other HVAC issues.

Available on both models is the $3500 Technology Package which, along with perforated premium Milano leather and metallic trim, adds keyless access system, navigation with bilingual voice control, an eight-inch high-resolution VGA colour display, rear view camera, interface dial, and a killer 440 watt, 10-speaker audio system with an 12.7 gig internal hard drive for MP3 and media storage.

The TL is still a front drive car, albeit a very good one. The brakes are larger and now feature twin-piston calipers in front. The TL SH-AWD gets brake-cooling ducts in the front fascia and Hill Start Assist.

While driving the smooth, winding roads of our Connecticut test route, the 280 hp TL felt much more refined than the 2008 car. It took a nice set during brisk cornering too, but information from the electric power steering (the old car was hydraulic) was nearly non-existent.

The 305 hp TL SH-AWD feels more robust. It rides on 18" footwear (19 inchers are optional) with recalibrated suspension tuning.

The good news is the torque-steer and harsh ride from last year's zippy TL Type-S is gone.

The bad news (for enthusiasts) is that car's involving and racy disposition has been pretty much filtered out.

The SH-AWD's party trick is the ability to send more power to the outside rear wheel when cornering, essentially helping to push the car around the bend.

Acura is counting on the 2009 TL's available all-wheel-drive, newfound refinement, powerful engines and competitive pricing to give it legs in this tough segment.

2009 Acura TL

Type: Sports sedan
Price: $39,990-$47,990
Engine: 3.5L V6/3.7L V6
HP, Torque: 280 hp, 254 lb-ft/ 305 hp, 275 lb-ft

Highlights

- More refined ride
- Plenty of technology

Sun's the limit

Koenigsegg shines light on green supercars

EMMA E FORREST
Metro World News

Not content with creating some of the most extreme sports cars on the planet, Swedish car manufacturer Koenigsegg is also making them green.

"We try to make a car with no downsides, only upsides, with no compromise," explains CEO Christian Von Koenigsegg.

Koenigsegg's famously powerful cars first went green with the 2007 CCXR. This eco-friendly version of their CCX supercar can run on regular petrol, but fuelled with E85 Biofuel, it delivers an extra 212 bhp — and an astounding 1018 bhp in total. It's the first green car that does an outrageous 0-100km/h in 3.1 secs, with a top speed of more than 400 km/h.

Christian Von Koenigsegg

Now they're taking their eco-credentials one step further with The Quant, a solar-powered gull-winged electric luxury cruiser.

It has a range of 500 km, can recharge in 20 minutes and is covered in a skin of photovoltaic cells that absorb the sunlight and extend the range.

The car is a concept, but they plan to have prototypes ready in three year's time in response to demand. This won't be the car to save the planet. The small but successful company, established by Von Koenigsegg in 1994, only produces a low volume of cars (only 18 last year, 72 total since 2002) and they're hand-crafted from space age materials.

The Quant, a solar-powered gull-winged electric luxury cruiser.

Von Koenigsegg, who plans to pioneer more green technologies, is enjoying his company's ecological status.

Koenigsegg's clientele seek exclusivity, and the eco angle is the cherry on the cake. "It's a twist to the supercar," he says. "Supercars are about having fun. Part of the fun is knowing you're not impacting on the environment, and contributing to the development of new technologies."

Ottawa
OC Transpo

Easter Service

Good Friday, April 10

On Good Friday a Sunday service will operate, so only those routes that normally run on Sundays will be in service.

Easter Monday, April 13

Service will be **reduced** on most express (green) and peak period (red) routes, as well as routes **1, 2, 3, 4, 5, 7, 8, 9, 12, 14, 18, 85, 86, 87, 94, 95, 96, 97, 98, 101, 105, 106, 111, 112, 114, 116, 118, 124, 126, 128, 129, 131, 140, 146, 147, 148, 149, 152, 156, 172, 174 and 176**. In addition, the scheduled arrival times of all routes may vary on Easter Monday.

All routes numbered in the **600s** and supplementary school trips will **not operate.**

Easter holiday schedules are available at **octranspo.com**. You can also check when your bus will arrive, up to six days in advance, by calling **613-560-1000** *plus* your 4-digit bus stop number.

Holiday Office Hours

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OC Transpo offices will be closed Good Friday, Easter Sunday and Easter Monday except for the Rideau Centre office which will be open on Easter Monday from 9:30 a.m. to 9 p.m.

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Good Friday	8 a.m. - 9 p.m.
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Easter Sunday	9 a.m. - 5 p.m.
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A DayPass can be used as a family pass on Sundays and statutory holidays, including Good Friday. A DayPass costs $7.25 on the bus.

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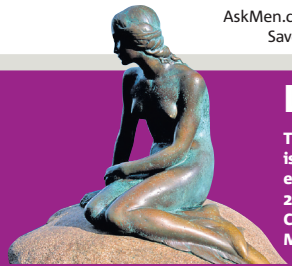
Savvy Savoy

AskMen.com's list of this year's hottest new restaurant openings around the globe is led by London's Savoy Grill, which will be run under the watchful eye of celebrity chef Gordon Ramsay. REUTERS

Travel



Little Mermaid's big trip

The beloved statue that keeps watch over Copenhagen's harbour is leaving Denmark for the first time: The Little Mermaid will travel to China to be the centrepiece of her country's pavillion at the 2010 Shanghai World Expo. But the harbour won't be abandoned: China is sending a yet-to-be-unveiled statue to keep the Little Mermaid's place for her. METRO NEWS SERVICES

Seeking remedies at the Mercado de Sonora

Want to find love or ward off evil? This Mexico City witches' market has you covered

Double, double, toil and trouble. Where does one go to see fire burn and cauldron bubble? One good bet is the Mercado de Sonora, a sprawling outdoor shopping area in the heart of Mexico City that's the Wal-Mart of the witch world.

JULIA DIMON/FOR METRO CANADA

Left, antique amulets, medicinal herbs, live snakes, strange brews and potions are on sale a the Mercado de Sonora in Mexico City. Right, Bertha Gutieriez Montes de Oca, a shaman who has worked in the market for 51 years, points out a range of ritualistic love potions, lotions and sprays.

It's a maze of alleyways stacked with hundreds of stalls, located on Avenida Fray Servando Teresa in the Venustiano Carranza borough.

For locals who dabble in witchcraft, or visitors looking to stray off the typical tourist trail, the Sonora market has all your ritualistic remedies.

You can find everything from antique amulets to medicinal herbs; live snakes to mysterious brews; and animal-shaped ceramic charms to powdered potions for health, wealth and romance.

The market is loosely organized into three parts: Healing herbs, Afro-Cuban paraphernalia and black magic.

Walking amongst the tribal rattlers, taxidermy rabbits and other accessories of the underworld, I met Bertha Gutieriez Montes de Oca, a shaman who has been working in the market for 51 years. The five-foot-nothing elderly woman explained the ritualistic purpose behind the potions.

"Witchcraft plays a central role in Mexican society and medicine," she explained. "In the half-century I've worked here, the market has grown and the faces have changed but people's hopes and desires have stayed the same — hopes for money, love, good luck, marriage and fewer problems at work are among the most popular."

Navigating a clutter of products that claim to ward off evil spirits, Bertha took me to a set of stalls selling popular love sprays. For the ladies, there are potions for better sex, long marriage and curbing a boyfriend's flirtations with other women.

For men, the art of seduction is a popular sell. Male customers looking to attract their heart's desire will find Bertha recommends a product called Quita Calzon. As belief has it, men looking for love must first lather their bodies with this powder and think about the woman for whom they yearn. The power of the talcum-like potion will cause the woman in question to succumb to the man's wildest fantasies, all for the equivalent of a few dollars.

Just in case there was truth to the bottles claims, I dabbed on a little "true love" perfume, an aphrodisiac oil that promises to attract Mr. Right. In the rat race of today's dating scene, I figured a little sorcery couldn't hurt.

From there, Bertha showed me a soap called Tapa Voca purchased by women who want to stop gossiping, and a pair of cloth voodoo dolls for women who crave more commitment in their romantic relationships. For every problem, the market sells a solution.

As for that love spray? I'm still waiting for results.

Julia Dimon is co-host of Word Travels, airing Sundays at 8:30 p.m. EST on OLN; juliadimon.com.

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Galileo's telescope stars in Philadelphia exhibit

DATELINE A three-foot telescope used by the Italian astronomer Galileo, whose discoveries revolutionized astronomy, is the main attraction at an exhibition at the Franklin Institute.

On its first trip outside of Italy, the 400-year-old telescope is one of only two instruments still known to exist that were used by Galileo to support the Copernican theory that the earth and the other planets revolved around the sun, and not vice versa.

"There will not be a second time in the States," said Paolo Galluzzi, the director of the Instituto e Museo Nationale di Storia della Scienza in Florence, Italy, which loaned the telescope, said of the U.S. tour.

The exhibition, Galileo, the Medici, and the Age of Astronomy, which runs until Sept. 7, is the opening event of the International Year of Astronomy, to mark the 400th anniversary of Galileo's discoveries.

The 1610 telescope, tilted in its case at a sharp angle as if focused on the heavens, includes an inscription at one end in which Galileo recorded the instrument's magnifying power of 20. REUTERS

Hulk smacks down reality love

Hulk Hogan has turned down the chance to find new love in a reality TV dating show. VH-1 network executives wanted the one-time WWE star to appear in a similar show to rocker Bret Michaels' Rock of Love and rapper Flavor Flav's Flavor of Love. FEMALEFIRST.CO.UK

Entertainment

Not so Desperate

Victoria Beckham is "too busy" to appear on Desperate Housewives. Eva Longoria, who stars on the show, hoped Victoria would land a cameo — but the former Spice Girl can't fit it into her schedule. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Hollywood in grip of remake fever

MOVIES The impressive opening of Fast & Furious during the weekend not only proves there's gas in that franchise, it also gives fuel to Hollywood's obsession with movies based on, well, other movies.

The 1980s have turned into a full-fledged garage sale of titles. Romancing the Stone, Footloose, A Nightmare on Elm Street, Dune, The Karate Kid, RoboCop, The Big Chill, Arthur, Ghostbusters, Red Dawn and The NeverEnding Story are but a few of the titles from that decade being developed in Hollywood.

Kiss fans to route upcoming tour

MUSIC Fans will have a say in where Kiss plays on its upcoming tour of the U.S. and Canada.

In a first for a major music act, the rock band's tour will be routed entirely based on demand expressed by fans at social networking site Eventful.

Fans across the U.S. and Canada can cast their votes at eventful.com/Kiss to have their town included on the 2009 North American tour. REUTERS

In brief

CASTING Rob Schneider has joined the cast of the romantic comedy You May Not Kiss the Bride. The project is about an American pet photographer who gets mixed up with Croatian mobsters while on his honeymoon with a gangster's daughter.

CASTING Maria Bello is in final negotiations to join the all-star comedy cast of an untitled film project produced by Adam Sandler. The script revolves around high school friends who reunite 30 years later. Sandler, Kevin James and Chris Rock are part of the ensemble cast. REUTERS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

Easter on film

Movie feature

STEVE GOW
for Metro Canada

Unlike Christmas, with its more marketable associations to Santa Claus, flying reindeer and snowmen that mysteriously come to life, Hollywood typically tends to shy away from the crucifixion and resurrection of Jesus Christ and its bizarre association with a bunny that hides chocolate eggs. Go figure.

Still, while Easter may be hard to find at your local multiplex these days, cinema is not without a few classics that mark this season's biggest holiday. So, if you are in the mood for some Easter-themed entertainment, you may consider having a Good Friday at home with one of these five movies instead:

• **THE GREATEST STORY EVER TOLD (1965):** A chronicle of Christ's life, Max von Sydow stars in what has been described as the "definitive movie of the Easter story." More than that, where else are you able to get Pat Boone, Sidney Poitier, Telly Savalas and Jamie Farr in the same film?

• **THE PASSION OF THE CHRIST (2004):** If you want a darker experience this holiday, this Mel Gibson-directed epic is not for the faint of heart. Controversial, shocking and by some accounts, anti-Semitic, The Passion details the excruciating final hours and crucifixion of Christ.

• **THE TEN COMMANDMENTS (1956):** Long before Charlton Heston was preaching about the right to bear arms (remember his "pry it from my cold dead hands" speech?) he starred as Moses in this huge Passover epic. Directed by Cecil B. DeMille, this classic follows Moses as he leads slaves from the tyranny of a pharaoh, parting the Red Sea along the way.

• **BEN HUR (1959):** Heston went biblical again three years later, starring as a wrongly-accused prince who sought revenge upon his accuser during the time of Christ. Ben Hur not only won a stunning 11 Academy Awards, but it apparently resurrected MGM studios from bankruptcy.

• **THE PRINCE OF EGYPT (1998):** For a lighter holiday-themed story, look no further than this animated family film. Sure, it's a little disarming hearing Val Kilmer as the voice of Moses when you are used to the boom of Charlton Heston, but this feature stays resonant by dealing in matters of slavery and notions of faith. Funny, I don't remember those issues coming up in Space Chimps.

Charlton Heston starred in the The Ten Commandments.

	OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/8/09 primetime		265	353	2	TVO	Lemur Street	Lemur Street	The Agenda With Steve Paikin		The Last Enemy (N)		The View From Here		
		211	331	3	GTV	ET Canada	Entertainment	Lie to Me (HDTV) (N)		Holmes in New Orleans		(10:02) The Unusuals		News
		-	-	5	SRC	Virginie (SC)	L'Épicerie	Le Match des étoiles (SC)		Tous Pour Un (HDTV) (N) (SC)		Le Téléjournal et Les Nou		La Zone
		209	342	6	CHRO	Instant Star	TMZ (N)	America's Next Top Model (N)		Lost "Dead Is Dead" (N)		Law & Order "Sweetie"		Comedy Now
		196	311	7	CTV	Hollywood	etalk	Criminal Minds (N)		American Idol		CSI: NY "Prey" (N)		News (N)
		208	303	8	CBC	Coronation St.	Jeopardy! (N)	Just for Laughs 25th Anniversary				CBC News: The National		The Hour
		-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Law & Order (HDTV)		Life (N)		Law & Order "Sweetie"		News (N)
		117	713	10	TVA	Poule-oeufs or	Star Académie:	Destinées "Territoires" (SC)		Dommages et intérêts (SC)		TVA 22 heures	(10:45) Denis Lévesque	
		-	-	11	QS	Loft Story	Rire et délire	Le Mur		Bob Gratton	Californication	Cent dix pour cent (SC)		Loft Story
		137	763	12	TFO	Panorama		Destination Nor'Ouest (SC)		*À la verticale de l'été* ★★ (2001, Drame) Tran Nu Yên-Khê.				Gènes
		-	362	13	CBS	Dr. Phil (HDTV)		Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY "Prey" (N)		Two/Half Men
		216	395	14	OMN2	Raymond	Raymond	News (N)		News (N)		Two/Half Men	King	Cold Case
		214	344	15	CITY	Law & Order: SVU		Scrubs	Friends	Nip/Tuck "Budi Sabri"		Murdoch Mysteries (HDTV) (N)		News (N)
		115	343	16	CFMT	2Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
		218	345	18	E!	The Insider (N)	E! News	Knight Rider		Janice Dickinson Modeling		Running-Heels	Women on Top	News (N)
		-	361	20	ABC	News (N)	Entertainment	Scrubs	Better Off Ted	Lost "Dead Is Dead" (N)		(10:02) The Unusuals		News (N)
		512	396	24	CPAC	Dossier public		Heure polit.	L'Heure politique				Tête-à-tête	Dossier public
		651	355	25	CTS	Happy Days	Laverne	Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
		-	365	36	FOX	TMZ (N)	Seinfeld	Lie to Me (HDTV) (N)		American Idol		News (N)		News
		-	-	64	PBS	Business Rpt.	From the Top	WPBS Live!		American Masters (HDTV) (N)				Charlie Rose
		205	312	104	CTV	Hollywood	etalk	Criminal Minds (N)		American Idol		CSI: NY "Prey" (N)		News (N)
news		502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		Jelly Fish Invasion		National
		500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports		406	417	27	net	MLB Baseball Detroit Tigers at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected		Hockey Central
		126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
		400	280	30	TSN	Golf: Masters		NHL Hockey Buffalo Sabres at Toronto Maple Leafs. (HDTV) (Live)				SportsCentre (HDTV) (Live)		
		410	403	52	SCR	Cabby Unlimit	WWE Monday Night Raw				NBA Basketball Utah Jazz at Dallas Mavericks. (Live)			
cable variety family		411	457	56	OLN	Bounty Hunter	Bounty Hunter	Departures		Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Departures
		417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pinks (HDTV)	Drag Race	Drag Race	Wrecked	Pimp My Ride
		554	544	48	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	Father of Pride	Moral Orel
		557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
		551	542	65	YTV	In Real Life (N)	Prank Patrol	Malcolm-Mid.	Futurama	Karaoke Star Junior		Falcon Beach		Mystery Hnt.
		570	580	29	MM	The Daily Fix		Ranked!		Gimme Sugar	Gimme Sugar	Entourage	Gene Simmons	The Daily Fix
		615	520	31	A&E	CSI: Miami "Kill Switch"		Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter		Bounty Hunter	Exterminators	Exterminators
		628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		UFC Unleashed (HDTV) (N)		The Ultimate Fighter (N)		Warrior
		521	560	34	TLC	Mystery Diagnosis		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate, Skiing		Jon & Kate
		145	761	35	TV5	Humanima	Mixeur	*Les Ames Grises* ★★★ (2005, Drame)			Alfred Lepetit	Peur	Voyageur	Journal TV5
		616	521	39	SHO	The Outer Limits		Cashing In	About a Girl	G-Spot	Cock'd Gunns	The Starter Wife		House
		620	523	40	BVO	The Achievers	Landscape	Arts & Minds	Bravo!Videos	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order
		520	505	42	DIS	Daily Planet (N)		Dirty Jobs		Deadliest Catch		Mayday		Daily Planet
		575	583	43	CMT	CMT's Greatest		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Totally "2000"
		601	562	45	SLC	Skin Deep	Til Debt-Part	Chop Shop	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada
		625	548	46	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show	Demetri Martin	Daily Show
		294	529	47	TBS	House-Payne	House-Payne	*The Matrix* ★★★ (1999, Science Fiction) Keanu Reeves.					Seinfeld	Family Guy
		600	564	49	H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Unsellable	Hid Potential	House Hunters	House Hunters	Holmes-Homes
		627	528	50	SPC	Stargate Atlantis	(DVS)	Star Trek: Voyager		Primeval		Stormworld (N)	Grand Star	Stargate SG-1
		581	566	53	MTV	Mom & Dad	After	MTV News	Cribs	The Hills	The Hills	Real World-Road Rules		MTV Live
		618	524	54	TROP	Vanity Insanity	Ad Persuasion	Ad Persuasion	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
		522	506	55	HIS	NCIS "Trojan Horse"		Outlaw Bikers		Ice Road Truckers		NCIS "Trojan Horse"		Sea Hunters
		129	773	60	CD	Biographies		Mythes urbains	Mythes urbains	Pris au piège (HDTV)		Belle danger	Belle danger	Vidéo
		261	394	61	V	Murder, She Wrote		Summer Wine	Foot in Grave	*The Robe* ★★★ (1953, Historical Drama) Richard Burton, Jean Simmons.				
		602	567	62	W	Will & Grace	Friends	Grocery Bag	Grocery Bag	Supersize vs. Superskinny		Stuck (N)	Maxed Out (N)	Maxed Out
		269	350	70	APTN	Canadian Geographic		Reel Insights		500 Nations (Part 2 of 8)		Miywayawin	Find. Our Talk	Wings-Canada
		621	527	71	TLK	The Ellen DeGeneres Show		TMZ (N)	etalk	Blush: Make-Up Artist		The Tonight Show-Jay Leno		TMZ
		603	561	95	FN	Chef at Home	Fresh-Anna	Diner, Drive-In	Diner, Drive-In	Iron Chef America		Ultimate Recipe Showdown		Opening Soon

critics' corner

Just for Laughs 25th Anniversary

Over the past 25 years, the Montreal International Comedy Festival has welcomed some of comedy's biggest names and rising stars. This silver anniversary salute counts down the 25 most memorable performances from the festival as voted on by fans at CBC's Web site. Jerry Seinfeld, Russell Peters, Dave Chappelle and Jon Stewart are among those you can expect to see. 8 PM on 8 CBC

Outlaw Bikers

They prefer the distinction "motorcycle club," not "gang," thank you very much. This series, starting its third season, uses stock footage, dramatic re-creations, and interviews with bikers and police officers to give viewers a peek inside these organizations. This season focuses on three notorious groups: the Bandidos, Outlaws and Warlocks. 1 PM on 55 HIS

Tori tries out kids' fashion

Tori Spelling is reportedly planning to design a range of clothing for children. The actress says that her two children inspired her forthcoming Little Maven range, which has long been a dream of hers, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Kate the cook?

CAREER Supermodel Kate Moss is picking up a new career: Cookbook author.

According to the Daily Mirror, Moss is coming out with a book of her own takes on popular recipes. She reportedly got the idea from her good friend, Stasha Palos, who has also written her own cookbook.

"Kate recently cooked (her boyfriend) Jamie a slap-up Jewish meal following kosher techniques from Stasha," a source tells the newspaper. "She loves her easy-to-follow recipes. It's all she's been talking about."

METRO WORLD NEWS

Madonna and Guy play nice

PEOPLE As Madonna struggles with her failed attempt at adopting another child from Malawi, she has found one source of moral support: Ex-husband Guy Ritchie.

The director reportedly met Madonna and their children at the airport when they returned from Malawi.

As the plane touched down, he ran up the steps to greet the kids, with adopted son David Banda running into his arms for a hug, reports Britain's Daily Mail.

METRO WORLD NEWS

LiLo and Sam over

BREAKUP After countless rumours and Twitter and MySpace updates, Lindsay Lohan finally made her split from Samantha Ronson official.

"We are taking a brief break so I can focus on myself," Lohan told E! News.

Ronson seems to be taking the split in stride. On her MySpace page, her current mood is listed as "happy."

"Is (Lohan) upset? Yes. Has it been a rough week? Yes," a source close to Lohan told people.com. "But her family's around her and she's just focusing on business right now."

While a source says Ronson's family is hoping the split will be for good, those in Lohan's camp want the actress to focus on herself for a bit.

"The important thing is that she's taking space and time to breathe," the source added to the magazine. "That's what her family is here to do — help make sure she takes care of herself."

Meanwhile, Us Weekly reports that the DJ's family is taking things a bit more seriously, going so far as to seek a restraining order against Lohan.

METRO WORLD NEWS

Zac loved birds and bees talk

PEOPLE Zac Efron says parents must be "passionate" about sex, femalefirst.co.uk reports.

The High School Musical actor — who is dating his co-star Vanessa Hudgens — says it is important for adults to be enthusiastic when discussing sex and contraception with their children.

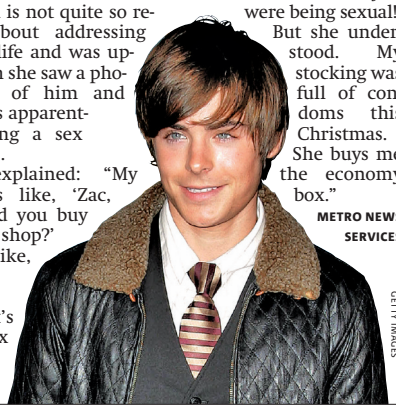
Speaking about his talk with his father David Efron, Zac said: "I just feel like my dad, at one point, had that conversation with me and my little brother, and always delivered it very well. He was very passionate about it."

The 21-year-old hunk recently admitted his mother Starla is not quite so relaxed about addressing his sex life and was upset when she saw a photograph of him and Hudgens apparently leaving a sex toy shop.

He explained: "My mom is like, 'Zac, what did you buy in a sex shop?' I was like, 'Mom, calm down, it's not a sex shop.' She wouldn't have any of it.

"She's like, 'I knew you were being sexual!' But she understood. My stocking was full of condoms this Christmas. She buys me the economy box."

METRO NEWS SERVICES



GETTY IMAGES

Robert's daring audition falls flat

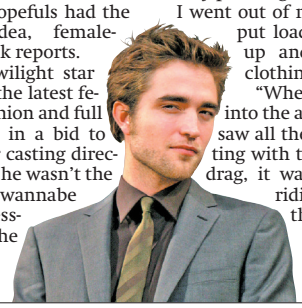
CAREER Robert Pattinson once dressed in women's clothing to audition for a role as a transsexual — but was stunned to see a room full of hopefuls had the same idea, femalefirst.co.uk reports.

The Twilight star donned the latest female fashion and full make-up in a bid to win over casting directors, but he wasn't the only wannabe cross-dresser at the screen test.

He tells Glamour magazine, "I had an audition to play a transsexual prostitute and thought I'd be the only person going for it, so I went out of my way and put loads of make-up and women's clothing on.

"When I walked into the audition and saw all these guys sitting with there in bad drag, it was the most ridiculous thing ever."

METRO NEWS SERVICES



Brit heads down under?

CAREER Britney Spears' tour may be heading south. Way south, eonline.com reports.

Attorneys representing the popster and father Jamie's conservatorship discussed in court yesterday the possibility of taking Spears' supremely successful Circus tour to Australia.

Nothing was decided at the hearing pertaining to the conservatorship, which has been in place since Feb. 1, 2008, and was extended indefinitely in December.

Another court date has been set for April 14.

The Circus Starring Britney Spears made a stop in Edmonton on Monday night, after which the extravaganza hits Vancouver before heading south along the West Coast.

METRO NEWS SERVICES

Lauren's last takes

PEOPLE Lauren Conrad recently celebrated her last day of filming for her MTV reality show, The Hills, to which she will not be returning.

But the folks behind the show wanted to make sure they had enough material of her going forward, so they got creative, according to Gatecrasher.

"The producers would make Lauren react to a lot of potential scenarios, because they're not yet sure how the finale will play out with the other characters," says a source.

"They would literally give her directions like, 'Now react to Stephanie Pratt being pregnant!' Lauren would just giggle and go for it. She also had to pretend to react to a fake story line about Audrina and Brody hooking up."

METRO WORLD NEWS

Amy up to usual antics

PEOPLE Back at her Caribbean retreat on St. Lucia for barely a week, and Amy Winehouse is already up to her usual antics.

The troubled singer reportedly shocked fellow resort guests by streaking half-naked through a kid-packed pool area after being told she couldn't hang out on the beach topless, according to the Daily Mail.

"Everyone was shocked," said an onlooker. "One minute Amy was relaxing with friends on the beach and the next she was running around half-naked."

METRO WORLD NEWS

Angie not eating?

RUMOUR While shooting her latest film, Salt, Angelina Jolie reportedly collapsed and had to seek medical attention, Britain's Now Magazine says.

Sources claim that the trouble stems from Jolie not eating properly and working overtime.

"She collapsed between takes, complaining of shortness of breath and dizzy spells. She never eats properly when she's upset," a source says. "Food is the last thing on her mind.

She'll ignore breakfast, pick at lunch and skip dinner."

METRO WORLD NEWS

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Today Cloudy 3° / 1°
Thursday Partly sunny 6° / 0°
Friday Variable 7° / -2°

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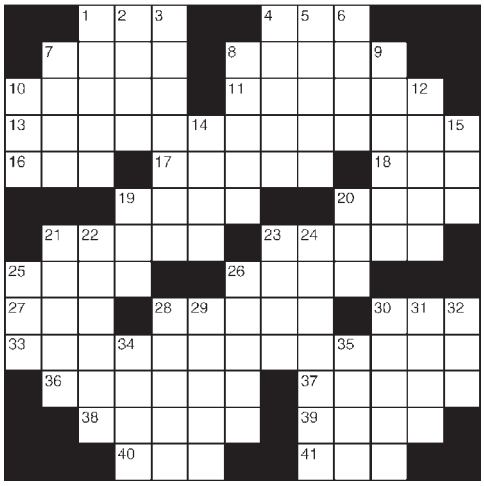
Take Five



Crossword across

1 Roman "Aloha"
4 Scrooge's outcry
7 Pinnacle
8 Regional
10 Rx, for short
11 French painter
13 With 33-Across, aphorism
16 Lair
17 Neckwear of a sort
18 Aye undoer
19 Son, on the Seine
20 Tour de France need
21 "Goosebumps" author
23 Home
25 Moby's pursuer
26 Suitable
27 Supporting
28 Flight component
30 Irate
33 See 13-Across
36 Asian capital
37 Throwing game ring
38 Jockey's handful
39 — Major
40 Pop
41 — out a living

Crossword down

1 Chef's garb
2 Bridal cover
3 Clarify
4 Drum type
5 Uneasiness
6 Rodgers collaborator
7 Farm fraction
8 Galvanizing agents
9 Nikita's successor
10 Despondent
12 Cobra or copperhead
14 Capri, e.g.
15 Storm center
19 Teensy tale
20 Tarzan's son
21 Piglet
22 Toothpaste target
23 Related (to)
24 Embellished style
25 Kabul's land (Abbr.)
26 Refuge
28 Old photo tint
29 Pollster's find
30 Deer kin
31 Largest of the seven
32 "Spring ahead" hrs.
34 Wasted no time
35 Gloom

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

7		6		3	2			4
	2		8					7
	4		5				3	
5							2	
		1	3		4	6		
	3							5
	9				6		8	
1					3		9	
8			7	9		4		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8	3	6	4	2	9	1	7	5
7	9	5	8	1	3	6	4	2
1	2	4	7	6	5	3	8	9
9	8	1	6	3	7	2	5	4
6	5	2	1	9	4	7	3	8
3	4	7	2	5	8	9	1	6
5	1	3	9	8	6	4	2	7
4	6	8	3	7	2	5	9	1
2	7	9	5	4	1	8	6	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Beef Bean Chili

INGREDIENTS:

1 small red pepper
1 small, fresh red chili pepper
1 medium onion
2 tbsp (25 ml) canola oil
1 lb (500 g) extra-lean ground beef
1 tbsp (15 ml) paprika
1 tbsp (15 ml) ground cumin
3 cloves garlic
1 can (19 oz/540 mL) chopped tomatoes
2 tsp (10 ml) tomato paste
1 tsp (5 ml) dried oregano
1/2 cup (125 ml) red wine, or beef stock
Salt
1/2 tsp (2 ml) sugar
2 scallions
1 can (19 oz/540 ml) kidney beans
8 soft flour tortillas
4 tbsp (60 ml) sour cream

METHOD:

1. Rinse, dry, deseed and chop pepper and chili pepper. Set chili pepper aside. Peel and chop onion.
2. Heat oil in large, flameproof casserole pan or braising pan and fry pepper, onion, beef, paprika and cumin over moderate heat. Stir constantly, until meat browns.
3. Peel and crush garlic. Add to the casserole pan with chili, canned tomatoes and their juice, tomato paste, oregano, wine or stock, salt and sugar. Bring to boil, reduce heat, cover, and simmer 15 minutes.
4. Rinse, dry, and chop scallions; set aside. Preheat broiler to high to warm tortillas.
5. When beef chili has been cooking for 15 minutes, drain and rinse kidney beans, stir into the casserole pan and cook 5 minutes. Heat tortillas under broiler.
6. Transfer chili to four serving dishes, then add a 1 tbsp (15 ml) sour cream to each, sprinkle scallions over top, and serve with tortillas.

SERVES 4

rd.ca
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Reader's Digest
It's a Wonderful World

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Something inspiring occurs in a danger zone. A lost person takes pleasure in your company. Listening to an authority is more enjoyable.

TAURUS ♉
APRIL 21-MAY 21
A daydream is a brief pleasure trip. Someone won't agree to a change. Make a plan to satisfy an appealing woman.

GEMINI ♊
MAY 22-JUNE 21
An imperfect man's easy-going approach works the best. Someone needs to be referred to a specialist. Learn to be patient during hard times.

CANCER ♋
JUNE 22-JULY 22
There aren't too many people giving you advice. A medical issue leads to a quick solution. Someone is sorry about their missed chances.

LEO ♌
JULY 23-AUG 23
Do the right thing when a girl says no. A soft-hearted person is fun to watch. Treat yourself to one of your favourite things.

VIRGO ♍
AUG 24-SEPT 22
You want more time with someone. Moody people can't stop dancing around a problem. An opportunity is beneath you.

LIBRA ♎
SEPT 23-OCT 23
Avoid making late phone calls. Someone helps you to make your life change. You won't believe sympathetic remarks.

SCORPIO ♏
OCT 24-NOV 22
Being impulsive can do wonders for your health. An enthusiastic guy will smile at you. A man changes the pace of a romance.

SAGITTARIUS ♐
NOV 23-DEC 21
Spend time pleasing the people who love you. You're not sure of what you want. An insensitive woman grants a favour.

CAPRICORN ♑
DEC 22-JAN 20
You need to get more sleep. Somebody doesn't want to be a hero anymore. A sweetheart comes up with a solution.

AQUARIUS ♒
JAN 21-FEB 18
Keep an open mind with a special friend. An idea is strictly for fun. Don't discuss finances with a stubborn person.

PISCES ♓
FEB 19-MARCH 20
Other people are stressed out over money. A romantic prospect demands more attention. Listen to your heart for greater understanding.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Fighter plane collection (1)
2. Waggle an anti-vampire tool (1)
3. British PM Gordon's large villages (1)
4. Fiend-sailor (2)
5. One giving an exam to a king's clown (2)
6. Analyst Sigmund's sci-fi bots (1)
7. Draw major attention to a post-sunset time (2)

ANSWERS
1. JET SET 2. STAGE STARE 3. BROWNS TOWNS 4. DEMON SEAMAN 5. JESTER TESTER 6. FERRIS BORIS 7. HIGHLIGHT TWILIGHT

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GL Sport model shown

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GL with Sport Package model shown

2009 SONATA GL

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Limited model shown

2009 TUCSON L

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Limited model shown

2009 SANTA FE 2.7L GL

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Limited model shown

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GL with Sport Package model shown

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